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## Behavioral effects of systemically administered MK-212 are prevented by ritanserin microinfusion into the basolateral amygdala of rats exposed to the elevated plus-maze

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**Abstract** *Rationale:* Although 5-HT<sub>2</sub> receptors seem to play an important role in anxiety, results from numerous studies are still highly variable. Moreover, little is known about the behavioral effects of centrally administered 5-HT<sub>2</sub> compounds in animal models of anxiety. *Objective:* The current study was performed to: (1) further investigate the effects of 5-HT<sub>2</sub> receptor activation in rats exposed to the elevated plus-maze (EPM) and the open-field arena, two widely used animal models for studying anxiety and locomotor activity; and (2) evaluate the involvement of the 5-HT<sub>2</sub> receptors within the basolateral nucleus of the amygdala (BLA) in the modulation of such effects. *Methods:* In the first experiment, male Wistar rats were exposed for 5 min to the EPM 27 min following intraperitoneal (i.p.) (1.0 ml/kg) injections of the preferential 5-HT<sub>2C</sub> receptor agonist 6-chloro-2[1-piperazinyl]pyrazine (MK-212) at doses of 1.0, 2.0, or 4.0 mg/kg. Control animals were injected with saline. The percentage of open-

arm entries and the percentage of time spent in these arms were employed as anxiety indexes, whereas the number of closed-arm entries was calculated as indicative of locomotor activity. In the second experiment, rats were exposed for 10 min in an open-field arena to further assess the interference of the same MK-212 doses upon locomotor activity. In Experiment 3, rats were microinjected (0.2 µl) either with the mixed 5-HT<sub>2A/2C</sub> receptor antagonist ritanserin (0.5, 1.25, 2.5, and 5.0 µg) or its vehicle into the BLA 12 min following i.p. injections of saline or the intermediate dose of MK-212 (2.0 mg/kg). Fifteen minutes later, each animal was exposed to the EPM as before. *Results:* Whereas the highest dose of MK-212 (4.0 mg/kg) induced motor-suppressant effects in both EPM and open-field arena, the intermediate dose of the drug (2.0 mg/kg) reduced open-arm exploration without significantly affecting the number of closed-arm entries. This behavioral profile, consistent with selective anxiogenic effect in the EPM, was dose-dependently prevented by ritanserin microinfusion into the BLA. In saline-pretreated animals, however, ritanserin (all doses) was ineffective. *Conclusions:* MK-212 increases anxiety and decreases locomotor activity. The anxiogenic-like profile of 5-HT<sub>2</sub> receptor activation is prevented by the blockade of 5-HT<sub>2</sub> receptors within the BLA, which does not have an effect by itself upon basal anxiety levels triggered by the EPM.

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### Introduction

Serotonin (5-hydroxytryptamine, 5-HT) 2 receptors (5-HT<sub>2A</sub>, 5-HT<sub>2B</sub>, and 5-HT<sub>2C</sub>) have been critically implicated in the modulation of anxiety states (Naughton et al. 2000; Graeff 2002; Wood 2003; Gordon and Hen 2004). However, results from pharmacological studies investigat-

ing the behavioral effects of 5-HT<sub>2</sub>-acting compounds are highly variable. For example, the widely used 5-HT<sub>2</sub> receptor blocker ritanserin (Leysen et al. 1986; Leysen 2004) has been found to produce results ranging from anxiolysis (Ceulemans et al. 1985; Griez et al. 1988; Hensman et al. 1991), through no effect (Den Boer and Westenberg 1990), to anxiogenesis (Guimarães et al. 1997) in experimental and/or clinical anxiety. Similarly, systemic administration of selective and nonselective 5-HT<sub>2</sub> receptor antagonists in animal models of anxiety has been reported to display anxiolytic-like effects (Critchley and Handley 1987; Tomkins et al. 1990; Stutzmann et al. 1991; Wright et al. 1992; Kennett et al. 1994; Cervo and Samanin 1995; Griebel et al. 1997a; Jones et al. 2002; Martin et al. 2002; Nic Dhonnchadha et al. 2003), no effect (Chaouloff et al. 1997; Griebel et al. 1997b; Setem et al. 1999; Martin et al. 2002), and even anxiogenic-like effects (Pellow et al. 1987). Although these behavioral findings may depend at least partially on the selectivity for 5-HT<sub>2</sub> receptor subtypes, variation in dose range, behavioral task, different types of anxiety disorder, and other procedural differences, the precise reasons for such discrepancies remain unclear.

The effects of systemically administered 5-HT<sub>2</sub> receptor agonists are relatively more consistent and tend to agree, albeit with some few exceptions (e.g., Nic Dhonnchadha et al. 2003), that activation of 5-HT<sub>2C</sub> receptors increase anxiety. For example, 5-HT<sub>2C</sub> receptor activation, either by nonselective 5-HT<sub>2C</sub> receptor agonists such as *m*-chlorophenylpiperazine (*m*-CPP) and trifluoromethyl-phenylpiperazine (TFMPP) or the preferential 5-HT<sub>2C</sub> receptor agonist 6-chloro-2[1-piperazinyl]pyrazine (MK-212), induces a profile consistent with anxiogenesis in humans (Charney et al. 1987; Lowy and Meltzer 1988; Bastani et al. 1990; Bourin et al. 1998) and increases anxiety-like behaviors in several animal models of anxiety, including the light–dark transition (Kshama et al. 1990), the social interaction (Kennett et al. 1989; Bagdy et al. 2001), the stress-induced ultrasound vocalization (Olivier et al. 1998), the “stretched attend posture” (Grewal et al. 1997), the elevated T maze (Mora et al. 1997; Zangrossi et al. 2001), and the elevated plus-maze (EPM; Benjamin et al. 1990; Kshama et al. 1990; Rodgers et al. 1992; Gibson et al. 1994; Griebel et al. 1994; Fone et al. 1996; Wallis and Lal 1998; Setem et al. 1999; Jones et al. 2002; Bull et al. 2003; Durand et al. 2003).

In comparison to the findings cited above, less is known about the effects of intracerebrally infused 5-HT<sub>2</sub> receptor agonists and antagonists (Menard and Treit 1999). This is an important issue especially because there are intriguing suggestions that different 5-HT<sub>2</sub> pathways might be involved in specific types of anxiety-like behavior and drug responses for 5-HT ligands (Deakin and Graeff 1991; Mora et al. 1997; Griebel et al. 1997a). Among postsynaptic sites containing 5-HT<sub>2</sub> receptors (Pompeiano et al. 1994; Barnes and Sharp 1999; Clemett et al. 2000; Leysen 2004), the amygdaloid complex has attracted attention on the basis of its well-documented involvement in anxiety (Blanchard and Blanchard 1972; Hitchcock and Davis

1986; LeDoux et al. 1988; Davis et al. 1994). The amygdaloid complex is one of the major forebrain structures innervated by 5-HT-containing fibers originating from the dorsal raphe nucleus (DRN; Azmitia and Segal 1978; Vertes 1991). Electrical or chemical stimulation of the DRN (Viana et al. 1997) and exposure to a variety of stressful situations (Fernandes et al. 1994; Kawahara et al. 1993; Adell et al. 1997) enhanced the amount of 5-HT in the amygdaloid complex. Additionally, it has been shown that the DRN–amygdala pathway establishes preferential contact with postsynaptic 5-HT<sub>2</sub> receptors (Mammounas et al. 1991), suggesting that 5-HT<sub>2C</sub> receptors within the amygdaloid complex play an important role in the occurrence of anxiety states.

Many of the effects of 5-HT<sub>2</sub>-acting compounds seem to be selectively mediated by the basolateral nucleus of the amygdaloid (BLA) complex (Rainnie 1999; Chen et al. 2003; McGaugh 2004). Accordingly, BLA infusion of 5-HT was found to increase anxiety-like behaviors in a modified version of the Geller–Seifter conflict test, while the nonselective 5-HT<sub>2</sub> receptor antagonist methysergide displayed anxiolytic-like properties (Hodges et al. 1987). Moreover, microinjections of the nonselective 5-HT<sub>2C</sub> receptor agonist *m*-CPP and the selective 5-HT<sub>2C</sub> receptor agonist interleukin (IL)-639 into the BLA increased anxiety-related behaviors of rats in an open field, an effect which was attenuated by systemic pretreatment with the selective 5-HT<sub>2C</sub> receptor antagonist SB-242084 (Campbell and Merchant 2003). Nonetheless, it has been also found that BLA/basomedial amygdala infusion of the nonselective 5-HT<sub>2</sub> receptor antagonist ketanserin increases anxiety-like behaviors in the EPM (Zangrossi and Graeff 1994).

Taking into account the inconclusive results from systemically administered 5-HT<sub>2</sub>-acting compounds and the scarce number of studies infusing such compounds into the BLA, the current study comprised three experiments. In the first one, the behavioral effects of systemically administered MK-212 were investigated in rats exposed to the EPM. Such a preferential 5-HT<sub>2C</sub> receptor agonist has been found to increase physiological and behavioral measures of anxiety in man (Bastani et al. 1990; Lowy and Meltzer 1988) and in some animal models of anxiety (King et al. 1989; McKearney 1990), including the EPM (Kshama et al. 1990). Because 5-HT<sub>2</sub> receptor activation is also known to induce motor-suppressant effects (Kennett et al. 1989; Gibson et al. 1994; Durand et al. 2003), a second experiment tested this prediction by injecting the same MK-212 doses in rats exposed to an open-field arena. Finally, a third experiment evaluated the behavioral effects in the EPM of microinfusing the mixed 5-HT<sub>2A/2C</sub> receptor blocker ritanserin (Hoyer et al. 1994) into the BLA in rats previously injected either with saline or MK-212 systemically. Therefore, our study allowed to: (1) further investigate in rats exposed to the EPM and the open-field arena the behavioral effects of systemically administered MK-212, (2) examine whether MK-212-induced behavioral changes in the EPM are prevented by intra-BLA infusion

of ritanserin, and (3) evaluate the influence in the EPM of intra-BLA infusion of ritanserin in the absence of MK-212-induced 5-HT<sub>2</sub> receptor activation.

## Material and methods

### Subjects

Naive male Wistar rats weighing 200–290 g were employed as subjects. Animals were born and raised in the vivarium at the University of Brasilia. Two weeks before the experiment, animals were brought to the holding room of the laboratory facilities and housed in groups of two in polycarbonate cages measuring 30×30×50 cm. All the rats had free access to food and water. Room temperature was controlled (25±1°C), and a light–dark cycle was maintained on a 12-h on–off cycle (0700–1900 hours lights on). The experimental sessions were conducted during the light phase of the cycle. The experimental protocols employed in the present study were in conformity with the recommendations of the Brazilian Society of Neuroscience and Behavior (SBNeC), which are based on the US National Institutes of Health's *Guide for Care and Use of Laboratory Animals* (revised in 1996).

### Surgery and microinjections

Animals were anaesthetized with sodium thiopental (45 mg/kg, i.p.) and fixed in a stereotaxic frame. A subcutaneous injection of 2% lidocaine with vasoconstrictor was made in the surgical area in a small volume to form a bubble. Each rat was implanted with a single stainless steel guide cannula made of an odontological needle (o.d., 0.7 mm) aimed at 1.0 mm above the BLA at the right hemisphere. Taking bregma as the reference for each plane according to the Paxinos and Watson (1986) atlas, the coordinates were 2.8 mm posterior to bregma, 5.0 mm lateral to the midline, and 6.3 mm ventral to the skull. Guide cannulae were fixed to the skull by means of dental acrylic and three stainless screws. After implantation, the guide cannula was sealed with a stainless steel wire to prevent eventual congestion. Four days after surgery, the animals were gently wrapped in a cloth and handled for 5 min during three consecutive days. EPM testing occurred on the 8th day postsurgery.

For intracerebral infusions, a thin (0.3 mm) o.d. needle was introduced through the guide cannula until its tip was 1 mm below the guide cannula end. The internal cannula was connected to a 10- $\mu$ l Hamilton syringe via PE-10 tubing, which allowed the experimenter to deliver the drug during a 30-s period. Confirmation of successful infusion was obtained by monitoring the movement of a small air bubble in the PE-10 tubing. At the end of microinjection, the internal cannula was held inside the brain for 2 min to prevent drug back-up and allow absorption.

### Histology

At the end of the behavioral testing, rats were killed with an overdose of thionembutal and perfused intracardially with saline followed by a 10% formalin solution. The brains were removed and stored in formalin (15%) for at least 2 weeks and then sectioned, using the cryostatic method, at 50–60  $\mu$ m. Brain slices were stained with cresyl violet to localize the cannula position.

### Drugs

MK-212 [6-chloro-2-(1-piperaziny)pyrazine hydrochloride; Tocris, Ballwin, MO, USA] was dissolved in sterile saline (0.9% NaCl) and injected intraperitoneally (1.0 ml/kg, i.p.) 27 min before testing. Ritanserin [6-(2-[4-[bis(4-fluorophenyl)methylene]-1-piperidiny]7-methyl-5HT-thiazolo[3,2-a]pyrimidine-5-one; Jansen, Denmark] was suspended in a saline–Tween 80 2% solution, which served as vehicle control. Drug and vehicle were microinjected into the BLA in a volume of 0.2  $\mu$ l 15 min before testing.

### Apparatus

The EPM anxiety test employed in the present study has been described elsewhere (Cruz et al. 1994; Setem et al. 1999). Briefly, it consisted of two opposite arms (50×10 cm) enclosed by walls 40 cm high that were crossed at a right angle with two opposed open arms of the same size. The four arms, arranged in the shape of a plus sign, delimited a central area of 100 cm<sup>2</sup>. The maze was elevated 50 cm above the ground. To minimize rats falling down, a rim of Plexiglas (1 cm high) surrounded the open arms.

The open-field arena consisted of a square box (60×60×40 cm) made of wood. Thin black lines divided the floor into nine equal squares (20 cm) to allow quantification of the rat's ambulatory activity. Arena and EPM illumination (55 lx) was provided by a dim light bulb (60 W) in the ceiling of the experimental room above the center of the apparatus. The experimental sessions were recorded by a vertically mounted video camera linked to a monitor and videocassette recorder (VCR) in an adjacent room.

### Behavioral testing

#### *Experiment 1*

This experiment investigated in a dose–response manner the behavioral effects of i.p. injections with the preferential 5-HT<sub>2C</sub> receptor agonist MK-212 among rats exposed to the EPM. Thirty two rats were randomly assigned to four groups ( $n=8$  each) according to treatment with either saline

or the three different MK-212 doses (1.0, 2.0, or 4.0 mg/kg). These doses, and the latency for action of MK-212, were selected based on our preliminary pilot experiments. Control animals were injected with saline (1.0 ml/kg). Twenty seven minutes later, each rat was placed in the central platform of the maze facing a closed arm and allowed to freely explore the apparatus for 5 min. Animals from each group were tested in a counterbalanced manner. The experimental session was videotaped for later analysis by a highly trained observer who remained blind to treatment conditions. The number of entries and the time spent in the open and closed arms of the maze were recorded. From these measures, the percentage of open-arm entries ( $100 \times$  open-arm entries/total arm entries) and the percentage of time spent in the open arms ( $100 \times$  time open/time open + time closed) were calculated for each animal as anxiety indexes. The absolute number of closed-arm entries was interpreted as an index of motor activity (File 1992; Cruz et al. 1994).

### Experiment 2

To further investigate the behavioral effects of MK-212 upon exploration levels of rats in an open-field arena, four different groups of animals ( $n=8$  each) were injected (1.0 ml/kg, i.p.) either with saline or the same MK-212 doses employed in Experiment 1. Twenty seven minutes later, animals from each group were exposed for 10 min to the arena in a counterbalanced manner. The number of crossings of the black lines dividing adjacent floor areas and the number of rearings in the apparatus were blindly registered as motor activity indexes.

### Experiment 3

This experiment investigated in the EPM whether the behavioral effects of systemically administered MK-212 could be attenuated by ritanserin microinfusion into the BLA. Animals with cannula implanted in the BLA were randomly assigned to two different treatment conditions and injected (1.0 ml/kg, i.p.) with saline or MK-212 at the intermediate dose (2.0 mg/kg) employed in Experiments 1 and 2. Twelve minutes later, each correspondent group received microinfusions (0.2  $\mu$ l) of either ritanserin (0.5, 1.25, 2.5, or 5  $\mu$ g) or its vehicle control into the BLA. Fifteen minutes later, each rat was exposed for 5 min to the EPM as before. Ritanserin doses and the time of microinfusion before the EPM exposure were chosen on the basis of previously reported results (Audi et al. 1991; Nogueira and Graeff 1991).

### Statistical analysis

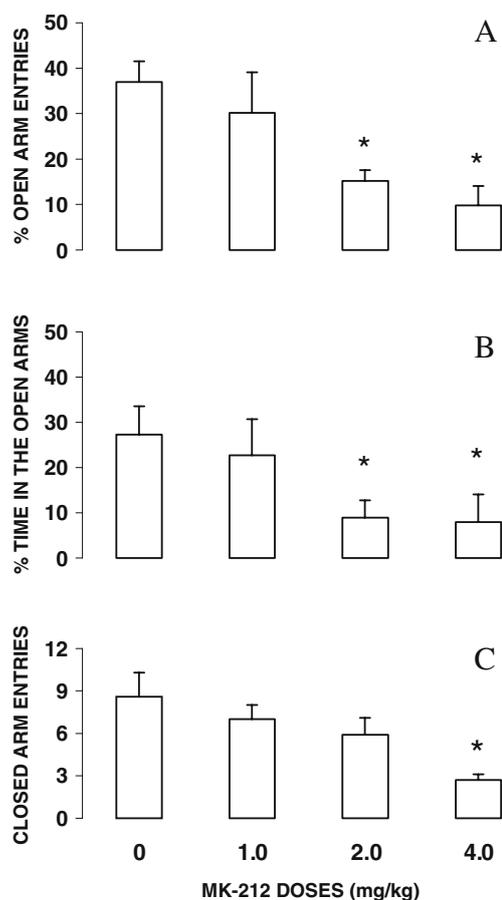
Behavioral results from EPM and open-field arena were statistically analyzed by an analysis of variance (ANOVA) to detect overall differences. Whenever ANOVA was sig-

nificant, Fisher's least significant difference (LSD) post hoc test was employed to determine specific differences between groups. Because a significant effect of MK-212 upon the absolute number of closed-arm entries was in the EPM results from Experiment 1, an analysis of covariance (ANCOVA), using this parameter as covariant, was additionally performed with all other variables to examine whether the closed-arm entries could account for the eventual differences in the percentage of open-arm entries and the time spent in the open arms (File 1992). The level of statistical significance was  $P<0.05$ .

## Results

### Experiment 1

Figure 1 presents the behavioral effects in the EPM of the four MK-212 doses administered systemically. One-way ANOVA indicated a main effect of the treatments [ $F(3,28)=3.93$ ,  $P<0.05$ ] in the percentage of open-arm entries (Fig. 1a). Post hoc comparison revealed that the doses of 2.0 and 4.0 mg/kg significantly decreased this measure as



**Fig. 1** Mean (+SEM) percent of open-arm entries (a), percent of time spent in the open arms (b), and closed-arm entries (c) in the EPM among groups injected either with saline or MK-212 systemically. \* indicates  $P<0.05$  compared with vehicle control (see text for details)

**Table 1** Mean ( $\pm$ SEM) number of crossings and rearings in the open-field arena among groups injected either with saline or MK-212 systemically

Treatments	Crossings	Rearings
Saline control	78.13 $\pm$ 7.04	18.63 $\pm$ 4.12
MK-212, 1.0 mg/kg	81.04 $\pm$ 9.42	17.25 $\pm$ 6.33
MK-212, 2.0 mg/kg	72.03 $\pm$ 8.81	14.01 $\pm$ 3.12
MK-212, 4.0 mg/kg	17.48 $\pm$ 2.98*	9.75 $\pm$ 3.36*

\* $P < 0.05$  compared with vehicle control

compared to saline control animals ( $P_s < 0.05$ ). A similar pattern was observed in the percentage of time spent in the open arms (Fig. 1b). Therefore, ANOVA revealed a main effect of the treatments [ $F(3,28) = 4.33$ ,  $P < 0.05$ ]. Again, post hoc comparisons showed a significant decrease in the time spent in the open arms among animals injected with MK-212 at the doses of 2.0 and 4.0 mg/kg as compared to animals injected with saline. Figure 1c depicts the effect of MK-212 in the absolute number of closed-arm entries. As can be observed from Fig. 1c, MK-212-induced decrease in the percentages of entries and time spent in the open arms at a dose of 4.0 mg/kg was accompanied by a reduction in the absolute number of closed-arm entries. ANOVA confirmed this impression, as indicated by a significant effect of the treatments [ $F(3,28) = 8.99$ ,  $P < 0.001$ ]. Pairwise comparisons revealed that the dose of 4.0 mg/kg significantly decreased the number of closed-arm entries as compared to saline control animals ( $P < 0.05$ ).

Because MK-212-induced reduction in the open-arm exploration was accompanied by a significant decrease in the closed-arm entries, an additional ANCOVA using this parameter as covariant factor was performed. Results from this analysis confirmed a drug main effect for both the percentage of open-arm entries [ $F(3,27) = 3.58$ ,  $P < 0.05$ ] and the percentage of time spent in these arms [ $F(3,27) = 2.97$ ,  $P < 0.05$ ]. Post hoc comparisons showed that the doses of 2.0 and 4.0 mg/kg of MK-212 significantly decreased these two anxiety measures as compared to saline-treated animals (all  $P_s > 0.05$ ). Therefore, parameters from ANOVA and ANCOVA were similar even when the closed-arm entries were statistically controlled for.

## Experiment 2

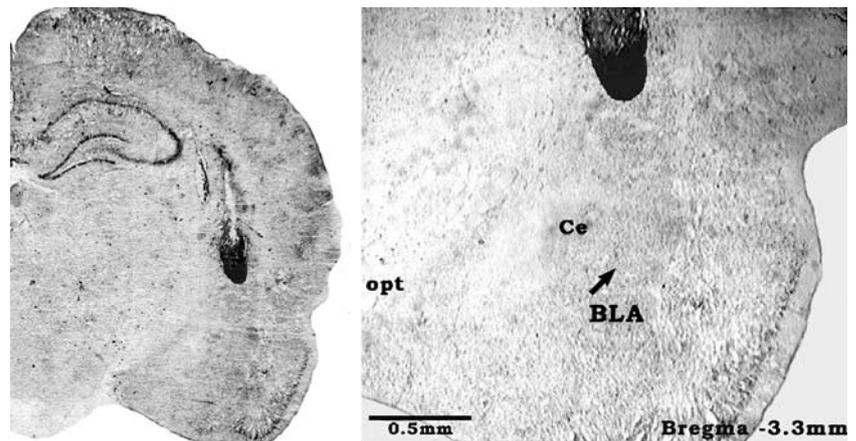
The behavioral effects of MK-212 in the open-field arena are shown in Table 1. One-way ANOVA revealed a main effect of drug treatment on crossings [ $F(3,28) = 26.79$ ,  $P < 0.001$ ] and rearings [ $F(3,28) = 3.03$ ,  $P < 0.05$ ]. Post hoc comparison indicated that the highest dose of MK-212 (4.0 mg/kg) significantly decreased such motor activity measures as compared to saline-treated animals ( $P < 0.05$ ). No other significant difference was found.

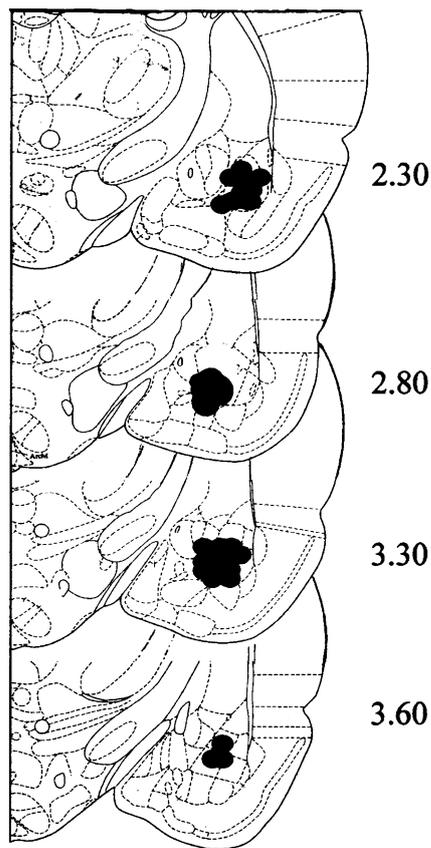
## Experiment 3

As indicated by a representative photomicrograph of the guide cannula tip location (Fig. 2), histological examination of the brain slices showed that most of the cannulae were located approximately 1.0 mm above the BLA. Considering that the internal needle extended 1.0 mm beyond the tip of the guide cannula, the infusions were performed at sites corresponding to the BLA. A diagrammatic representation of coronal sections showing the target area of the BLA is shown in Fig. 3. Behavioral results from animals with cannula outside this area ( $n = 26$ ) were removed from each group and joined together in an additional control group for statistical analysis.

Figure 4 presents the behavioral effects in the EPM of BLA ritanserin infusion following i.p. injections of MK-212 or saline. Such data were analyzed via two-way ANOVA. The first factor was related to the BLA doses of ritanserin (0.5, 1.25, 2.5, or 5  $\mu$ g) or its vehicle control. The other factor indicated whether the animal was previously treated either with MK-212 or saline. As can be observed from Fig. 4a, MK-212 reduced the percentage of open-arm entries, an effect seemingly prevented by intra-BLA infusion of ritanserin in a dose-dependent manner. Two-way ANOVA confirmed this impression, indicating a significant interaction between i.p. injections of MK-212 and the ritanserin doses microinjected into the BLA [ $F(5,99) = 4.62$ ,  $P < 0.05$ ]. Post hoc comparison showed that MK-212 significantly decreased the percentage of open-arm entries as compared to saline control animals when both groups had received infusions of either vehicle or the lowest dose

**Fig. 2** Panoramic (left) and focal (right) photomicrographs (a) of a representative coronal brain section illustrating the cannula tip placement approximately 1 mm above the target area of the BLA. Scale bar is equal to 500  $\mu$ m. Black arrow indicates the exact point reached by the tip of the internal needle. The adjacent areas corresponding to the central nucleus of the amygdala (Ce) and the optic tract are also illustrated





**Fig. 3** Composite of internal cannula location aimed at the BLA. With the reference to the Paxinos and Watson (1986) atlas, the numbers on the right side of each plate indicate the distance in mm from bregma

of ritanserin (0.5  $\mu\text{g}$ ) into the BLA (all  $P_s < 0.05$ ). No other differences in the percentage of open-arm entries were found (all  $P_s > 0.05$ ).

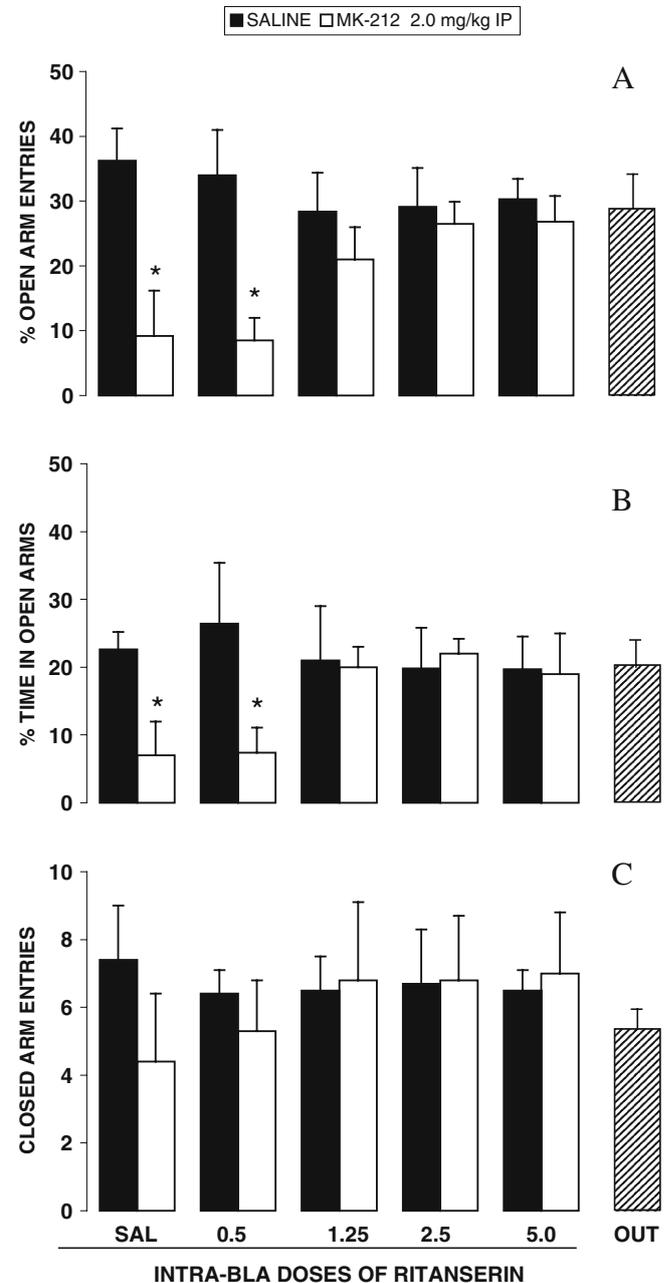
A similar pattern of results is illustrated in Fig. 4b. Thus, two-way ANOVA outcomes from the percentage of time spent in the open arms revealed a significant interaction between i.p. injections of MK-212 and the ritanserin doses microinjected into the BLA [ $F(5,99) = 4.18, P < 0.05$ ]. Again, pairwise comparisons found that MK-212 significantly decrease this anxiety index as compared to saline pretreated animals when both groups had received infusions of either vehicle or the lowest dose of ritanserin into the BLA (all  $P_s < 0.05$ ).

Figure 4c presents the absolute number of closed-arm entries. Despite MK-212, pretreated animals showed a trend for a decrease in this measure of motor activity in the EPM; two-way ANOVA indicated the absence of interaction as well as no significant effect of both MK-212 injections or ritanserin microinfusions into the BLA.

## Discussion

5-HT<sub>2C</sub> receptor activation, either by nonselective, preferential, or selective 5-HT<sub>2C</sub> receptor agonists, increases anxiety-like behaviors (Kennett et al. 1989; Kshama et al.

1990; Rodgers et al. 1992; Mora et al. 1997; Wallis and Lal 1998; Setem et al. 1999; Durand et al. 2003) and induces motor-suppressant effects in several animal models (Lucki et al. 1989; Kshama et al. 1990; Fone et al. 1998; Setem et al. 1999; Bull et al. 2003). Results from Experiments 1 and 2 corroborated these general findings in a dose-dependent manner. Whereas the lowest dose (1.0 mg/kg) of the



**Fig. 4** Mean (+SEM) percent of open-arm entries (a), percent of time spent in the open arms (b), and closed-arm entries (c) in EPM among groups centrally injected with ritanserin into the BLA following i.p. injections of either saline [0.0  $\mu\text{g}$  ( $n=10$ ); 0.5  $\mu\text{g}$  ( $n=8$ ); 1.25  $\mu\text{g}$  ( $n=8$ ); 2.5  $\mu\text{g}$  ( $n=9$ ); and 5.0  $\mu\text{g}$  ( $n=9$ )] or MK-212 [(0.0  $\mu\text{g}$  ( $n=8$ ); 0.5  $\mu\text{g}$  ( $n=9$ ); 1.25  $\mu\text{g}$  ( $n=11$ ); 2.5  $\mu\text{g}$  ( $n=10$ ); and 5.0  $\mu\text{g}$  ( $n=12$ )]. *OUT* illustrates a representative group of rats ( $n=16$ ) microinjected either with vehicle or different doses of ritanserin at sites localized outside the BLA. \* indicates  $P < 0.05$  compared with vehicle control (see text for details)

preferential 5-HT<sub>2C</sub> receptor agonist MK-212 was ineffective in both the EPM and the open-field arena, the intermediate dose of the drug (2.0 mg/kg) decreased open-arm exploration without significantly affecting the absolute number of closed-arm entries, a profile consistent with an anxiogenic-like action in the EPM (File 1992; Cruz et al. 1994). Correspondingly, this same intermediate dose of MK-212 did not affect motor activity in rats exposed to the open-field arena. At the dose of 4.0 mg/kg, however, MK-212-induced decrease in the open-arm exploration was accompanied by a significant reduction in the absolute number of closed-arm entries. This behavioral profile, indicative of motor-suppressant effect in the EPM, was also detected in the open-field arena by a significant decrease of crossings and rearings following i.p. injections of this highest dose of MK-212.

In spite of the motor-suppressant effects at the highest dose, such a behavioral pattern of MK-212 in the EPM did not account for the differences observed in the open-arm exploration, as indicated by significant ANCOVA outcomes performed from the two anxiety measures (percentage of open-arm entries and percentage of time spent in the open arms) using the closed-arm entry as covariant factor. Indeed, it must be acknowledged that although motor activity may affect the anxiety parameters in the EPM, such as open arm entries and time spent in the open arms, it is unclear how these performance variables may in fact interact in this anxiety animal test. For example, it has been shown that hypoactivity in the EPM can overcome the detection of anxiogenic-like effects in some experimental manipulations (e.g., Padovan and Guimarães 2000) but not in others (e.g., Maissonnette et al. 1993).

To the best of our knowledge, the only published study testing the behavioral effects of MK-212 in the rat EPM found that a single dose of the drug (0.5 mg/kg, i.p.) induced hypoactivity but no anxiety-like effect (Kshama et al. 1990). These findings are partially consistent with the present results since our lowest dose of MK-212 (1.0 mg/kg) was also ineffective to change anxiety levels in the EPM. The reason for the discrepancy in the MK-212 doses to detect hypoactivity in the EPM may be related to procedural differences. For example, Kshama et al. (1990) performed the EPM test during the dark cycle in a reversed light–dark cycle, whereas in the present procedure, the experimental sessions were conducted during the light phase of the cycle. Moreover, their animals were pre-exposed to a hole–board anxiety test before the EPM test. Finally, the authors employed preselected animals showing higher scores of exploration in an arena. Therefore, it is possible that a higher basal level of exploration together with methodological variations favored the detection of an MK-212-induced decrease in the number of closed-arm entries at lower doses of MK-212 injected systemically.

Central activation of 5-HT<sub>2C</sub> receptors is generally accepted to mediate the anxiogenic-like properties of 5-HT<sub>2C</sub> receptor agonists (Kennett and Curzon 1988; Gibson et al. 1994; Martin et al. 2002; Alves et al. 2004). In the present study, intra-BLA infusion of ritanserin dose-dependently prevented MK-212-induced anxiety-like behav-

ior in the EPM, a result suggestive for a role of 5-HT<sub>2A/2C</sub> receptors. Despite showing affinity for both 5-HT<sub>2C</sub> and 5-HT<sub>2A</sub> receptors, MK-212 is a centrally acting 5-HT agonist that can be classified as a preferential 5-HT<sub>2C</sub> receptor agonist on the basis of receptor binding (nM affinity for 5-HT<sub>2C</sub> receptor and >16-fold lower for 5-HT<sub>2</sub> receptor subtypes; Porter et al. 1999) and behavioral studies (Clineschmidt 1979; Blackburn et al. 1984). Furthermore, the discriminative stimulus properties of MK-212 indicate the dependence of this behavioral action on selective stimulation of 5-HT<sub>2C</sub> receptors (Cunningham et al. 1986).

Ritanserin is a mixed 5-HT<sub>2</sub> blocker that exhibits higher affinity at 5-HT<sub>2C</sub> than 5-HT<sub>2A</sub> receptors (Leysen et al. 1986; Leysen 2004). Actually, ritanserin has been able to antagonize the effects of several classes of 5-HT<sub>2C</sub> agonists but not the behavioral effects of some preferential or selective 5-HT<sub>2A</sub> agonists (Griebel et al. 1997a). Based upon such pharmacological and behavioral properties, our data support the view that MK-212-increased anxiety-like behaviors in the EPM via 5-HT<sub>2</sub> receptor activation might be at least partially mediated by 5-HT<sub>2C</sub> receptors within the BLA, although the involvement of other 5-HT<sub>2</sub> receptor subfamilies cannot be discarded. Consistent with this view is the recent report that 5-HT<sub>2C</sub> receptor activation, either by *m*-CPP or the selective 5-HT<sub>2C</sub> agonist IL-639 microinjected directly in the BLA, produces ultrasound vocalization and increases the latency to investigate a new object in rats exposed to an open field, an anxiogenic-like profile that is attenuated by i.p. pretreatment with the selective 5-HT<sub>2C</sub> receptor antagonist SB-24084 (Campbell and Merchant 2003).

The present study also found ritanserin (all doses) to be ineffective upon motor activity and anxiety-like behaviors in the EPM when the drug was microinjected in saline-pretreated animals. These null effects cannot be attributed to ritanserin doses considering that the same dose range of the drug was able to prevent an MK-212-induced decrease in open-arm exploration. Therefore, the blockade of BLA 5-HT<sub>2</sub> receptors by ritanserin seems to display antiaversive properties under MK-212-enhanced anxiety level via 5-HT<sub>2C</sub> receptor activation but not upon basal anxiety levels triggered by the EPM. This lack of effect of ritanserin alone within the BLA is in agreement with a number of results showing the drug to cause little or no effect in the EPM following systemic administration (Audi et al. 1989; Graeff et al. 1990; Stutzmann et al. 1991; Wright et al. 1992; Gatch et al. 2000).

In contrast to our ritanserin null effects upon basal anxiety-like levels in the EPM, it has been reported that intra-BLA infusion of other nonselective 5-HT<sub>2</sub> receptor antagonists can induce anxiolytic or even anxiogenic-like effects in different animal models of anxiety. For example, Hodges et al. (1987) found that methysergide increased the ratio of punished responses in the Geller–Seifter conflict test, whereas Zangrossi and Graeff (1994) found ketanserin to decrease open-arm exploration in the rat EPM following microinfusion directly into the BLA.

The reasons for such inconsistencies are unclear but can be related to procedural differences and/or affinity to displayed ritanserin, methysergide, and ketanserin for 5-HT<sub>2</sub> receptor subfamilies. For example, in the Geller–Seifter conflict tests, well-trained and water-deprived rats are tested on a multiple schedule consisting of rewarded, nonrewarded, and punished (reward + electric shock) responding. The conflict test is characterized by the simultaneous presentation of a reward and a foot-shock contingent to the animal response. On the other hand, the experimental protocol of the EPM does not involve any reward or punishment manipulations. Therefore, these animal models might have different sensitivities to detect different forms of anxiety processes. Indeed, it has been reported that 5-HT<sub>2C</sub> receptor antagonists might have an anxiolytic-like effect in the conflict-based test (Kennett et al. 1997) but not in the EPM (Griebel et al. 1997a,b).

Additionally, ritanserin and methysergide bind importantly at 5-HT<sub>2C</sub> receptors, while ketanserin is a nonselective 5-HT<sub>2</sub> receptor antagonist with higher affinity for 5-HT<sub>2A</sub> than 5-HT<sub>2C</sub> receptors (Kristiansen and Dahl 1996). In fact, ritanserin and methysergide, but not ketanserin, were also reported to antagonize the behavioral effects of selective and nonselective 5-HT<sub>2C</sub> receptor agonists (McKearney 1990). In addition to these procedural and pharmacological variations, Zangrossi and Graeff (1994) did not differentiate BLA from basomedial amygdala sites, whereas in our study, ritanserin microinjections were restricted to the BLA. Nevertheless, further work is needed to establish the precise role of each 5-HT<sub>2</sub> receptor subtype in the different nuclei of the amygdaloid complex in such 5-HT-mediated anxiety.

Taken together, the present study extended previous results from our and other laboratories showing that 5-HT<sub>2</sub> receptor activation either by selective or nonselective 5-HT<sub>2C</sub> receptor agonists induced anxiety-like behaviors and motor-suppressant effects in a dose-dependent manner (Benjamin et al. 1990; Rodgers et al. 1992; Gibson et al. 1994; Griebel et al. 1994; Fone et al. 1996; Wallis and Lal 1998; Setem et al. 1999; Jones et al. 2002; Bull et al. 2003). The blockade of BLA 5-HT<sub>2</sub> receptors by ritanserin was able to prevent MK-212-induced behavioral changes in the EPM while being ineffective upon basal anxiety levels triggered by this widely used animal model of anxiety. Although neither MK-212 nor ritanserin act selectively at 5-HT<sub>2C</sub> receptors, it is possible that the present behavioral effects were mediated by these receptors located within the BLA. Further work with newly available selective 5-HT<sub>2C</sub> receptor agonists (e.g., Ro-60-0175 or WAY-161503) and antagonists (e.g., SB-242084) microinjected into the BLA will provide novel insights into the 5-HT-mediated anxiety.

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